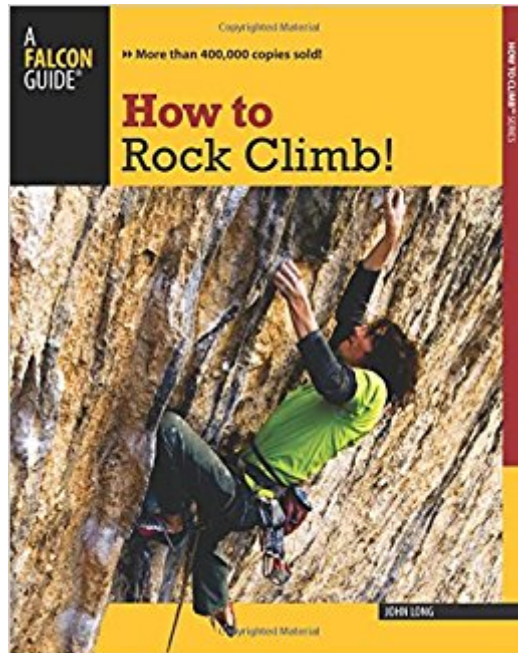




The book was found

How To Rock Climb! (How To Climb Series)



Synopsis

How to Rock Climb!, now in its fifth edition, is the most thorough instructional rock climbing book in the world. All the fundamentals—from ethics to getting up the rock—are presented in John Long's classic style. Thoroughly revised and updated to reflect the modern standards of equipment, technique, and training methods, this guide includes sections on face climbing; crack climbing; ropes, anchors, and belays; getting off the rock; sport climbing; and much more. It is the essential how-to book for rock climbers everywhere. Now with more than 300 color photographs and illustrations, this is the most thorough and complete upgrade this best-selling title has seen since first publishing more than a decade ago.

Book Information

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Customer Reviews

How to Rock Climb! is the most thorough and the best-selling instructional rock climbing book in the world. This nuts-and-bolts guide serves as an introduction to rock climbing for beginners and helps intermediate climbers hone their knowledge of the sport. All the fundamentals, from ethics to getting up the climb, are here. Thoroughly updated with more than 400 color photographs and illustrations, this fifth edition covers all aspects of modern equipment, technique, and training methods. It is the most complete upgrade since its first publication more than fifteen years ago. In his landmark clear, concise, and entertaining style, veteran rock climber John Long provides the basics and distills the intricacies of modern technical rock climbing in all its diverse forms. Throughout, he stresses safety

and simplicity, and in this new edition he puts special emphasis on setting protection and building reliable anchors. ã ã Inside youãâ ãâ„çll find all the information you need on:

ãâ ãâ ã Footwork and handhold positionsãâ ãâ ã Finger, hand, and off-width cracksãâ ãâ ã Equipment, including ropes, anchors, and belay devicesãâ ãâ ã Sport climbing and traditional climbingãâ ãâ ã Lead climbing and top ropingãâ ãâ ã Downclimbing and rappellingãâ ãâ ã Training, including bouldering and climbing gymsã ã

John Long's instructional books have made him a best-seller in the outdoor industry, with well over a million copies in print. A legendary rock climber and world adventurer, his feats include the first one-day ascent of El Capitan and a coast-to-coast traverse of Borneo. His other climbing books include Advanced Rock Climbing (with Craig Luebben), Climbing Anchors, More Climbing Anchors, and Big Walls (with John Middendorf), among others. He makes his home in Venezuela and in Venice, California.

Well, I finally found out what "bomber" meant! :-) as in bombproof. Some times I wanted the lingo explained early on or I suppose I missed those notes in the beginning. This is an interesting book for me - a novice. It is useful. This book would greatly benefit from drawings that get at specific rope configurations and other concepts. The figure drawing showing the forces exerted when increasing the angle of the V is a fine example of weight forces vs angle points. "The forces on the primary placements increase significantly at greater angles"... I NEVER knew this! Epiphany BOING! More of this fine example would make this a great book. Not about the book. Frankly, I think it is better to buy books like this in hardback rather than the Kindle Edition. I get so tired of trying to figure out how to get to page xx. If it says 62 minutes left in book or location 14878, I get frustrated. This is not a novel. This is a guide and a reference. The Kindle format is just not suitable for books like this. My recommendation is to buy the paper edition. The GoTo function is next to useless on a Kindle Fire HD. One other remark about Kindle Editions. The photos are clean and high definition except that a reader cannot enlarge a picture. Plus, in this book some captions to pictures are too small to read easily. Plus, it seems there are no Figure numbers! Why are the pictures lacking an expansion box in the lower left or right corner? Buy paper back or hard copy. I think you'll be happier. From now on I will. For example, you are reading about a knot and you want to re-look it up. In paper, you'd flip back a few pages or a previous chapter and you are there. With the Kindle you have to find a chapter and then scroll to and fro until maybe you find the knot. Or you have to do a search which

gives you way too many options in too many places.

The 4th edition of this book was my first introduction into the sport of Rock Climbing, and is still one of my most commonly used "go to" books when I need to review a point or technique. I bought the 5th edition for my kindle to have it on the go while I'm deployed overseas, and I still think it's one of the most comprehensive guides I've ever read. A note on the images, if you have a classic kindle, the images are B&W, because the kindle is monochromatic. The PC edition (and others I'm sure) is in full color, with all the original glory of the print edition. If you would like to begin rock climbing, or have already been, and would like to learn more, I highly recommend this book as a great reference.

Plenty of good and thorough advice, but if this is targeted to newbies then a better work should be done with illustrations otherwise most of it remains pretty inaccessible, especially for a non-mother tongue.

This is an invaluable book if you want to learn the techniques of rock climbing, but it just doesn't fit well with the Kindle format. To teach rock climbing requires a lot of pictures, and it helps to have the picture and the text on the same page right next to one another. I recommend this book if you want to learn about rock climbing, but I would go with the print version.

It covers lots good general knowledge and materials for fundamental climbing technics.

Very through guide to rock climbing. Covers nearly every aspect of the sport and includes historical reasons behind certain techniques/gear.

Pictures were very helpful for a beginner.

This is a great introductory text for learning new tricks in rock climbing. I would definitely recommend to climbers in the 5.8-5.10d range. Practicing these techniques can help you gain climbing grades much faster than simply climbing alone.

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